



Kinetic Insights, LLC

Karen Semon brings over 25 years of progressive experience with national and multi-national companies to her role as a Leadership Coach. Karen has unique insight into organizational behavior and leadership, developed through her successes in myriad industries and across various corporate cultures. She has expertise in retail, manufacturing, and high tech markets, attained from a variety of roles in marketing, operations, human resource management, sales, information technology, and electronic commerce. Prior to joining Kinetic Insights, Karen held senior level corporate positions at Sterling Commerce, Frigidaire/White Consolidated Industries, Electrolux, and Federated Department Stores.



Karen completed the Graduate Executive Coaching program at the University of Texas at Dallas and holds the designation of Professional Certified Coach through the International Coach Federation. She also is a Certified Career Coach (CPCC) and a Certified Professional Resume Writer (CPRW) with the Professional Association of Resume Writers & Career Coaches. She is a Senior HR Professional (SPHR) with the Society of Human Resources and holds the designation of Human Capital Strategist (HCS) with the Human Capital Institute.

In addition to her professional accreditation, Karen holds a B.A. in Organizational Leadership and Marketing. She is a Certified Winslow Business Consultant, certified in Lominger International Voices® 360 Degree Feedback; Choices Architect®; and Interview Architect®; DiSC Classic 2.0®; DiSC 363 Feedback System, and Team Dimensions Profile®, as well as experienced in administering and analyzing MBTI assessments.

Karen's distinctive approach to leadership and executive coaching provides a blend of hands-on experience with a coaching methodology that provides performance results for organizations and personal growth for individuals.

Lead. Succeed. Exceed.

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