



Kinetic Insights, LLC

Peter A. James is a certified business and leadership coach who focuses on helping executives and businesses unlock their potential to amplify their performance. Peter's approach to coaching posits that leaders can find their own solutions, set their own goals, and devise their own strategies for the purposes of change; however, having a coach to help manifest these criteria is essential.



As a coach, Peter establishes a safe and trustworthy coaching environment by establishing boundaries while challenging current thinking and assumptions. Peter adapts his style to individual personalities, learning styles, and circumstances.

Peter spent the early years of his career in the United States Army, serving as a Captain with the Medical Service Corps. While serving, Peter held the role of Regional Logistics Manager, overseeing an eight-state region in the South Eastern United States. As Company Commander, Peter led a team of 84 soldiers and served a tour of duty in support of Operation Iraqi Freedom and Operation Enduring Freedom.

Peter holds a PhD in Organization and Management from Capella University, a Masters in Business Administration, and a Bachelors of Science in Psychology. He is a Certified Diversity Professional (DTUI), a Certified Corporate Coach, and is certified in both DiSC and Hogan Personality Assessments.

Peter currently serves as the Board President of the Chicago Chapter of the International Coach Federation, and is an associate professor at the College of DuPage. Peter has served as Chairman of the Board for the Lisle Area Chamber of Commerce, and the Business Faculty Chair at DeVry University.

Lead. Succeed. Exceed.

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