



Kinetic Insights, LLC

Ann Attayek Carr is an executive coach and organizational development consultant. Through a process of awareness-building and customized experimentation, Ann helps leaders develop a better understanding of themselves both individually and in relationship to others, and supports them through expanding their range of ability to make conscious, effective, and more satisfying choices.



Ann has over 20 years experience as an executive coach and organizational effectiveness consultant with fortune 50 corporations. In addition to coaching, she also provides consultation and facilitation across a range of organizational needs such as strategic organizational and culture change, leadership development, group process and conflict dynamics, and diversity development. Ann derives deep satisfaction from coaching individuals and from facilitating small group interventions, both providing rich opportunities for creative and high impact face-to-face experimentation, and immediate skill development and application.

Ann is a certified Newfield Network coach and holds the International Coach Federation (ICF) Master Certified Coach (MCC) credential. She has a Masters of Science in Social and Organizational Learning from George Mason University and has done concentrated post-graduate work in Gestalt oriented organizational consulting at both the Gestalt Institute in Cleveland, Ohio and the Gestalt International Study Center in Cape Cod, Massachusetts. Programs of study have included a 3-year certification in Organization and Systems Development and advanced study in phenomenological coaching with individuals, and working with dyads (two-people) and small groups within organizations to enhance their effectiveness. Some of Ann's creativity comes from having been a musician, holding a Bachelor of Music in Piano Performance from the University of North Carolina in Chapel Hill.

Ann believes that coaching is a collaborative relationship within which leaders can raise their awareness about the ways in which they limit themselves, stretch outside of their comfort zones and experiment with new ideas and behaviors, and develop a wider range of conscious and effective actions.

Lead. Succeed. Exceed.

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